



AUGUST 2021

SAGE ACADEMY- BREAKFAST MENU



M

Cereal Bowl
Fruit of the day
Apple Juice
Milk Variety **2**

Assorted Muffin
Fruit of the day
Apple Juice
Milk Variety **9**

Pop Tart
Fruit of the day
Apple Juice
Milk Variety **16**

Cereal Bowl
Fruit of the day
Apple Juice
Milk Variety **23**

Assorted Muffin
Fruit of the day
Apple Juice
Milk Variety **30**

T

Pancakes
Fruit of the day
Juice
Milk Variety **3**

French Toast
Fruit of the day
Juice
Milk Variety **10**

Waffle
Fruit of the day
Juice
Milk Variety **17**

Mini Pancakes
Fruit of the day
Juice
Milk Variety **24**

Cinnamon Roll
Fruit of the day
Juice
Milk Variety **31**

W

Scrambled egg,
veggie and cheese w
tortilla
Fruit of the day
Juice
Milk Variety **4**

Turkey and egg
burrito
Fruit of the day
Juice
Milk Variety **11**

Turkey Chorizo and
egg burrito
Fruit of the day
Juice
Milk Variety **18**

Potatoes, egg and
cheese burrito
Fruit of the day
Juice
Milk Variety **25**

T

Bagel w cream cheese
Fruit of the day
Juice
Milk Variety **5**

English Muffin w egg
and cheese
Fruit of the day
Juice
Milk Variety **12**

Biscuit and jelly
Fruit of the day
Juice
Milk Variety **19**

Egg and cheese bagel
Fruit of the day
Juice
Milk Variety **26**

F

Waffle
Watermelon
Juice, milk variety. **6**

Bagel w egg and
ham
Watermelon
Juice, milk variety. **13**

Mini pancakes
Watermelon
Juice, milk
variety. **20**

Pop Tart
Watermelon
Juice, milk
variety. **27**



During Summer; drink enough water!

Being well hydrated improves mood, memory and attention in children



HEALTHY INNOVATIONS
A Nutritional Food Service & Culinary Experience

This institution is an equal opportunity provider.

Food service Director: Armando Rodriguez
(520) 304 6377

MENUS SUBJECT TO CHANGE
Healthy.innovations@aol.com